a new era
new dean arrives
new doctoral program launches
asu and mayo clinic forge new program
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http://nursing.asu.edu

There’s something different about the College of Nursing web site. It’s crisper. More colorful. And harder-working.

The College of Nursing launched a new web site at the beginning of this year. The goal of the redesign was to create a fresh, clean visual look for the site and to make better use of the screen space. The web site provides the latest events and news, program information and research activities.

Web developer Julie Leuthard designed the page layouts, created the graphics and general design approach. The college’s web development group will continue to enhance and grow the site over the next year. Please visit the site at nursing.asu.edu and share your opinions with us by sending email to conwebmaster@asu.edu.

The College of Nursing at Arizona State University was recently granted a 10-year accreditation by the Commission on Collegiate Nursing Education (CCNE) for its baccalaureate and master’s degree programs.
Melnyk Joins ASU as Dean of College of Nursing

Bernadette Mazurek Melnyk, associate dean for research and director of the Center for Research and Evidence-Based Practice at the University of Rochester, has been named dean of Arizona State University’s College of Nursing. Melnyk, who specializes in nursing care of children and is a pediatric nurse practitioner and psychiatric health nurse practitioner, replaces Barbara Durand who retired June 30.

Melnyk began her new duties in January, 2005. “Bernadette Melnyk will bring strong leadership skills and organizational experience to the nursing dean position,” said Milton Glick, ASU’s executive vice president and provost. “She has an exciting vision for the college and for Arizona State that fits in nicely with the overall goals and direction of ASU. She is the right dean at the right time and will accelerate the positive momentum of the college.”

“Barbara Durand has built a very strong foundation for the ASU College of Nursing,” Melnyk said. “I’m ready to move it to the next level. I believe the education component of the College is very strong and we will build on that foundation in creating new innovative programs.”

“Research will be a very high priority,” she added. “I will focus on bolstering the research enterprise of the college and bringing national and international visibility through a new Center for the Advancement of Evidence-Based Practice, which will also improve nursing practice and the quality of care in the community.”

While at Rochester, Melnyk founded and led the Center for Research and Evidence-Based Practice, which focuses on research and implementation of research to best nursing practices. Melnyk, an expert in this field, published the book, Evidence-Based Practice in Nursing and Healthcare: A Guide to Best Practice, in June.

“The medical profession has been implementing evidence-based practice for years, but nursing has lagged behind,” Melnyk added. “I am very passionate about the translation of research into practice to improve patient care.”

Melnyk said she also plans to have the nursing college partner with several of the Valley medical centers to form an Arizona consortium for evidence-based practice. This fits in well with ASU’s recent efforts to collaborate with other Valley organizations, including the recent ASU-Mayo Clinic announcement to develop joint nursing programs.

Melnyk has been at the University of Rochester since 1992. She is the associate editor of the journal Worldviews on Evidence-Based Nursing, president of the Association of Faculties of Pediatric Nurse Practitioners, as well as founder and chair of the National Association of Pediatric Nurse Practitioners’ KYSS (Keep Your children/yourself Safe and Secure) campaign, a national mental health promotion campaign for children and teens.

Melnyk has won several awards for her work in nursing, including the 2003 Audrey Hepburn Award from Sigma Theta Tau International for substantial contributions to improving the healthcare of children globally; the 2003 President’s Award from the National Association of Pediatric Nurse Practitioners; and the 2000 Distinguished Nurse Researcher Award from the Foundation of the New York State Nurses.

Melnyk is a Fellow in the American Academy of Nursing and a distinguished practitioner in the National Academies of Practice.

Ellen Fineout-Overholt joins College of Nursing as dean of the Center for the Advancement of Evidence-Based Practice at Arizona State University.

Dr. Fineout-Overholt has taught the principles of EBP to all levels of nursing students. She also has assisted educators in the clinical and academic arenas to revise and update curricula to reflect integration of EBP principles. She has published data-based and positional papers about EBP, and has presented on EBP to local, regional, national, and international organizations and educational agencies.

Dr. Fineout-Overholt has 20 years of combined experience as a critical care nurse, advanced practice nurse, researcher, and educator. Her program of research is developing and testing models of evidence-based practice in a variety of settings. She is co-editor of the recurring column, Teaching EBP, in Sigma Theta Tau’s Worldviews on Evidence-based Nursing. In addition, she is co-editor of the recently published book by Lippincott Williams & Wilkins entitled Evidence-Based Practice in Nursing & Healthcare: A Guide to Best Practice.

Melnyk has been the University of Rochester since 1992. She is the associate editor of the journal Worldviews on Evidence-Based Nursing, president of the Association of Faculties of Pediatric Nurse Practitioners, as well as founder and chair of the National Association of Pediatric Nurse Practitioners’ KYSS (Keep Your children/yourself Safe and Secure) campaign, a national mental health promotion campaign for children and teens.

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Melnyk is a Fellow in the American Academy of Nursing and a distinguished practitioner in the National Academies of Practice.
The College of Nursing is one of several colleges and schools on the Tempe campus to relocate to the new downtown Phoenix campus. Arizona State University is partnering with the city of Phoenix to build a modern, vibrant university campus in downtown Phoenix as part of a larger plan to revitalize and redevelop the city’s urban core.

ASU envisions a campus embedded with the city, embracing the cultural, socioeconomic and physical setting of the urban downtown in the 21st century. The new full-service campus will serve 10,000 to 15,000 students, with academic buildings, student and regular housing, retail development, cultural programs and entertainment venues all part of the mix to develop an active 24/7 environment.

Current plans call for the College of Nursing, the Walter Cronkite School of Journalism, the School of Community Resources and Development, the School of Social Work, the School of Public Affairs, the School of Health Management and Policy, KAET-Channel 8, and the Morrison Institute for Public Policy to relocate from the Tempe campus to downtown Phoenix.

Construction of the campus is being designed around the planned light rail system, which will provide a 20-minute commute between the downtown Phoenix and Tempe campuses.

College of Nursing Joins Med School Going Downtown

Arizona State University, University of Arizona and Arizona Board of Regents have joined forces to build a new medical school and research facility in downtown Phoenix.

The new center will be a collaborative effort between ASU’s College of Nursing and UA’s colleges of Medicine and Pharmacy. It will be on the site of the old Phoenix Union High School, where all three state universities are renovating buildings for biomedical research. The facility will be in a new building on a city-donated portion of the 13 acres within the site, on the north side of Van Buren Street and west of Seventh Street.

The expansion of the medical school in Phoenix will allow both universities to strengthen existing programs to meet health care and cultural needs for all state residents. In addition to biomedical informatics, ASU will begin offering undergraduate medical school education and will embark upon educational and research efforts in Native American health care, nursing and nutrition.

ASU has proposed to:
- Create a diversity of housing combined with innovative mixed use districts
- Protect and enhance historic and existing uses
- Create a vibrant pedestrian and public environment, integrating shade, parks, and open space, with connectivity between each district
- Develop innovative retail street level shops combined with public markets
- Narrow interior streets and provide small-scaled public parking
- Focus on urban design and overall environment, incorporating distinctive signage and cultural diversity
The new DNS program has two concentrations: health processes and health outcomes. Students select a concentration upon entry into the program.

Doctoral Students Receive Paid Tuition

The College of Nursing at ASU has made life easier for its new doctoral students by announcing a new scholarship to lighten their financial load.

The Barbara Durand Doctoral Scholarship, in honor of the college’s former dean, will award the inaugural class of five incoming doctoral students paid tuition for all four years of their study starting August, 2005.

“This puts us in a competitive position to recruit outstanding doctoral students,” said Karen Sousa, associate dean for graduate programs and research, “and the scholarship not only honors our former dean, but it will allow our students to accomplish their goals much faster if finances aren’t a worry.”

The scholarship was created to attract some of the best prospective doctoral students in the state and country.

The ongoing scholarship will not only assist future doctoral students, but will help meet the nursing faculty shortage. It is anticipated that many of the graduates will pursue roles in academia.

“The scholarship award clearly shows our commitment to the new doctoral program and our commitment to students,” Sousa said.

For additional information about the DNS program and the Barbara Durand Doctoral Scholarship, visit the College of Nursing web site, http://nursing.asu.edu, or contact the Graduate Programs Office at (480) 965-3948.

“CAREER OPPORTUNITIES

The ASU College of Nursing is a new accepting graduate students into a new doctoral program that begins in the fall of 2005.

New Doctoral Program

The program leads to a Doctor of Nursing Science (DNS) and is designed for nurse scholars who wish to pursue careers as leaders in health policy, health care delivery, nursing education and/or applied research. The degree will also help to address a national need for nurse educators who are increasingly in short supply.

In 2003, 614 faculty vacancies were reported in more than 300 nursing schools across the United States, according to the American Association of Colleges of Nursing. Of these vacancies, about 60 percent required a doctorate.

With no other university in Arizona offering a DNS degree, the Arizona Board of Regents approved the doctoral program in January 2004.

The innovative program will have three practicums: teaching, leadership, and research, with the goal of optimizing quality of life and health resources.

“I don’t know of any other nursing school in the country that requires three practicums,” said Karen Sousa, associate dean for graduate programs and research. “Most schools focus solely on research. We want our graduates to be prepared for a career in academia, should they choose that as their career,” Sousa said.

Initial enrollment of five to ten DNS students will grow to 30 students after five years, said Sousa. Some candidates will likely be drawn from the approximately 175 students in the master’s in nursing program currently offered by the college, she added.

Graduates of the program are expected to work in multiple professional disciplines, and make a positive difference in the health of society through education and the influence of policy.

Sousa said that the doctoral students in ASU’s program benefit by having a more rounded education that reflects faculty life. All graduates earning their doctorate will have teaching experience, research skills to promote application of nursing science, plus experience in collaborating with other health care leaders to address health problems.

For additional information about the DNS program, visit the College of Nursing web site, http://nursing.asu.edu, or contact the Graduate Programs Office at (480) 965-3948.
Mayo Clinic & ASU Announce Joint Nursing Program

ASU College of Nursing – Mayo Clinic Campus will combine unique strengths of both organizations. ASU and Mayo Clinic have reached an agreement to collaborate on a new joint nursing program based at Mayo Clinic Hospital in northeast Phoenix. This new program is being created to increase enrollment capacity for nursing students statewide through the combined resources and clinical strengths of both institutions.

Nursing students will receive their didactic and clinical training using the ASU College of Nursing curriculum taught by faculty composed of master’s level registered nurses from Mayo Clinic in classroom and laboratory learning space at Mayo Clinic Hospital.

The ASU College of Nursing – Mayo Clinic campus is scheduled to begin classes with 20 student nurses in August, 2005.

“The education of medical professionals, including nursing staff, has been a priority at Mayo Clinic for nearly a century,” says Victor F. Trastek, MD, chairman, Board of Governors, Mayo Clinic.

“We are proud to partner with ASU in this effort. It is an exciting opportunity to bring our clinical knowledge and expertise to the classroom for a new generation of nursing students,” says Debra K. Fendlergast, MSN, RN, chairwoman, Division of Nursing Services/associate administrator, Mayo Clinic. “Our nursing staff is looking forward to translating their knowledge and leadership to help prepare nursing students to respond to the health care needs of the communities they will serve.”

“This innovative partnership is a wonderful example of professional collaboration for the benefit of the community,” says Barbara Durand, former dean, ASU College of Nursing. “As a graduate of the Mayo Clinic/St. Mary’s nursing program in Rochester, Minn., many years ago, I am thrilled that the College of Nursing is partnering with such a quality organization.”

This new program was developed as part of the ongoing collaboration between both organizations in education and research. Mayo Clinic and ASU also are discussing further collaborations involving law and business. They are setting up a joint seed-fund program to pursue cutting-edge research and technology, collaborative research in bioinformatics and bioengineering, and shared office space on each campus.

Last year the two institutions signed an agreement to advance specific research areas, including neuro-imaging, receptor biology, microdevices and vaccine development.

For information about the ASU and Mayo programs, contact the College of Nursing Student Services Office, (480) 965-2987.

ASU West Nursing Goes Year-round

The College of Nursing continues to battle the nursing shortage by expanding its nursing program. Last August, the college began offering nursing courses year-round for 40 students at ASU West. The program runs for 16 consecutive months, in contrast to the undergraduate nursing programs already offered at the Tempe and West campuses, which operate on the normal semester schedule and are completed over 24 months.

“ASU will be able to put a greater number of registered nurses into the field more quickly,” said Mary Killeen, associate dean for undergraduate programs, “that’s a definite social benefit.”

The new program is similar to the expansion at ASU East, which admitted 40 students in January 2004 and 50 new students in January 2005.
With Durand as dean, in 1998, the U.S. News and World Report survey of America’s best graduate schools ranked the College of Nursing’s master’s program as one of the best schools for the first time in the college’s history.

Durand Retires as Nursing Dean

After nearly 12 years of service to ASU, Barbara Durand retired as dean of the College of Nursing in June. Under Durand’s leadership, the college formed important innovative community partnerships with regional health care agencies, schools, churches, and other organizations, and took important steps to address the national nursing shortage.

“The years I spent at ASU have been the highlight and pinnacle of my career in nursing and nursing education,” Durand said. “To have found a college and a university that fit so well with my interests and abilities was truly a gift. But to have also found colleagues of such superior caliber has been the source of wonderful motivation and satisfaction.”

Durand was recruited by ASU in 1992 when she was chairperson of the Department of Maternal-Child Nursing at Rush Presbyterian St. Luke’s Medical Center, Rush University, Chicago.

“Never in my wildest dreams did I ever contemplate becoming a dean,” Durand said.

Then-president Lattie Coor thought differently, offered Durand the position, and she started her new role as dean on January 1, 1993.

Durand received a bachelor’s degree in nursing from the College of St. Teresa in Winona, Minn., a master’s degree from the University of California San Francisco and her doctorate from the University of San Francisco. During her professional career, Durand filled a range of nursing roles including staff nurse, clinical nurse specialist, pediatric nurse practitioner, educator, consultant and administrator.

In 1970, Durand co-founded the pediatric nurse practitioner program at the University of California San Francisco – the first such program in California. She stayed for 18 years, and directed an award-winning program ranked best in the country. During this time, she played a significant role at national levels in advocating for and promoting the nurse practitioner movement and advanced practice in nursing.

In 1979, she was awarded a Robert Wood Johnson Nurse Faculty Fellowship in Primary Care, and also served for 6 years on the Board of Directors of the Ambulatory Pediatric Association, the only nurse ever elected to office in that medical organization.

In 1986, Durand co-authored the editorial, “Specialization in Advanced Nursing Practice,” which sparked the debate on the similarities and differences between clinical nurse specialist and nurse practitioner roles.

She is co-author of Handbook of Pediatric Primary Care, an American Journal of Nursing “Book of the Year” award winner.

With Durand as dean, in 1998, the U.S. News and World Report survey of America’s best graduate schools ranked the College of Nursing’s master’s program as one of the best schools for the first time in the college’s history. Since then, the college has consecutively been included in the rankings and is currently ranked 39th in the nation.

“I am especially proud of our national ranking,” said Durand. “It is a notable achievement and something our entire college is proud of.”

Perhaps Durand’s most notable achievement is the recent approval of a Doctor of Nursing Science (DNS) program that will begin fall 2005. The degree, which was approved by the Arizona Board of Regents in January, will be geared toward nurses interested in leadership roles in teaching, research and health policy.

“With this program, we will contribute significantly to the university’s research mission and to the nursing profession’s need for leaders in all areas,” Durand said.

Durand was honored at a memorable and fun-filled retirement dinner May 7.

“That night will go down as one of the best nights of my life,” Durand said. “To be recognized by the people who mean the most to me – family, friends and colleagues – has touched me deeply. My humblest thanks.”

“It is time for me to hand over the reins of our terrific college,” Durand said. “I will do so with reluctance but also with pride.”

Durand Retiring Nursing Dean Barbara Durand with niece Clare Brandy enjoy a presentation during Durand’s retirement celebration May 7.
Where President Bush and Sen. John Kerry recently trod some of the Valley’s less fortunate soon will tread.

The red carpet that was on the stage at Arizona State University’s Gammage Auditorium for the Oct. 13 presidential debate soon will replace the decidedly threadbare carpet at the ASU College of Nursing clinic at Grace Lutheran Evangelical Church in Phoenix.

Each year, the clinic serves the health care needs of about 1,200 people without health insurance and provides clinical training for about 100 nurses, said Gail Petersen, ASU nursing college administrator.

The carpet transfer happened this way, she said:

At a reception after the debate, Petersen mentioned to Sybil Francis, wife of ASU President Michael Crow, that the carpet at the Breaking the Cycle Community Health Care clinic was badly in need of replacement.

Francis took action, Petersen said.

“One connection led to another, and last week the carpet was delivered to our clinic site,” Petersen said.

“You know, we get a lot of press for the buildings we’re putting in downtown Phoenix, and so on, but the public doesn’t often hear about grass-roots projects like the clinic,” she said.

“We build buildings and we host debates, but we also do work on the streets. Now we’ll be rolling out the red carpet for the underserved.”


President George W. Bush and Democratic Sen. John Kerry battled over health care, jobs and taxes in their final debate at ASU on Oct. 13. ASU’s Breaking the Cycle received the red carpet that both presidential candidates stood on.

Nursing Camp Gives Students Real-life Experience

The College of Nursing’s free summer program for high school students who are considering nursing careers offered real-life experience and practice.

The four-day Nurse Camp, held June 14 – 17 in collaboration with “Kids in Healthcare Careers” Federal Initiative and Scottsdale Healthcare, exposed participants to an exciting, diverse and rewarding career in nursing.

“It’s a Health Resources and Administration initiative to increase the number of people in health care,” said Sue Adams, associate clinical professor for the College of Nursing. “And it’s not just nursing – there’s a shortage of almost all kinds of health care providers.”

Nurse Camp gave students a chance to “shadow” a professional nurse at two local hospitals, Scottsdale Shea and Scottsdale Osborn, to experience a variety of hospital settings. Camp participants learned at ASU’s College of Nursing a number of nursing skills, including hand-washing techniques, taking vital signs, listening to heart and lung sounds, and participated in hands-on laboratory simulations to learn to insert IVs, give injections, suture wounds and much more.

The students selected to attend Nurse Camp were A/B students who have completed at least their freshman year in high school, and have expressed an interest in the field of nursing.

Students from California, New Mexico and Arizona recently participated in ASU’s Nurse Camp.
The College of Nursing has a new high-tech faculty member, and in his role of training nursing students, he could die a thousand deaths and still come back to life.

Meet SimMan, a realistic virtual patient that can be programmed to talk, gasp, have an allergic reaction, complain about pain, and vomit. The human patient simulator produces realistic vital signs like those nursing students will monitor in actual patients. He even came with simulated wounds.

Laderal, a Norwegian company, produced the line of patient simulators after analyzing similar high-risk industries such as aviation that use simulation training. According to Laderal, simulations enable repetition and therefore errors can be made without harm to the patient.

The use of patient simulators for medical education training purposes is a relatively new development that is gaining in popularity. In the past, plastic mannequins were available that could have various tubes inserted, and have injections performed on them, but they did not simulate a patient response, or make realistic sounds for students to learn the assessment components of a skill.

“SimMan allows the re-creation and practice of actual patient cases that a nurse may take months to see in his or her bedside practice,” said Ruth Brooks, manager of the college’s Learning Resource Center. “This exposure to ‘real life’ patient scenarios allows for nursing intervention in a low risk environment.”

SimMan’s unique patented airway allows for intubation and multiple advanced life support skills, including CPR. He can be shocked with defibrillators, and in order for staff to train with accuracy he can even die. Fortunately, if the student loses the patient, an instructor can bring SimMan back to life.

Give him the wrong medication, and SimMan’s vital signs, displayed on a monitor, will change. The students use actual medical equipment in treating him, honing a student’s comfort level with the “human”-machine interface.

“The opportunities to utilize SimMan are limitless,” Brooks said.

Instructors use pre-programmed patient cases, or they can create their own patient scenarios. SimMan’s level of health or affliction is entirely at an instructor’s whim: chronic wheeze, swelling tongue, restricted airway - all unleashed via a few click options.

With approximately 260 nursing students accepted into the college’s undergraduate nursing program each year, SimMan is the first “real” patient the students encounter. SimMan, manufactured by Laerdal Texas, comes with detachable male and female genitalia, so it can be used to teach placement of urinary catheters for either sex.

SimMan runs off a computer program, which tracks every move the nursing students make during their “procedure.” When they are finished, the program analyzes their work to show what they did right and where they went wrong, and faculty members hold debriefing sessions with the students.

With SimMan, students not only learn patient-care skills, but also build confidence in their own critical thinking and decision-making skills - without causing discomfort or danger to real patients.

“SimMan can simulate all the patient scenarios, giving our nursing students an advantage before entering the clinical setting,” Brooks said. “This is not only good for them, but for their patients.”
A nursing clinic established by Kay Jarrell and Judy Lersch, both clinical faculty in the College of Nursing, were honored at the President’s Recognition Reception this past spring. Their clinic gives approximately 400 CAAS residents free nursing care and also provides clinical rotations for approximately 50 nursing students each semester.

“Our program has been a win-win project,” says Jarrell. “Nursing students gain practical experience as well as an exceptional understanding of a vulnerable population while shelter residents have access to nursing care and health education.”

A Learning Situation

The collaboration teaches skills such as cooperation, breeds trust and brings together diverse groups, said Mary Fitzgerald, an assistant professor in ASU’s dance department and co-artistic director of Dance Arizona Repertory Theatre.

“It’s not just about dance,” Fitzgerald said. “It’s about learning about life, learning about other people.”

Ultimately, she said, “that enriches the broader community. Such community-university partnerships are nothing new. But more colleges and universities are seeing the necessity for them.”

“It’s what universities should be about,” said Robert Hackett, vice president of the New Jersey-based Bonner Foundation, which is working to bring together academia, communities and research.

For its part, ASU has had a history of community relationships, said Kimberly Lousi, ASU’s executive director of university initiatives and special adviser to Crow.

“ASU is just sort of on an increased trajectory now,” she said. “There’s a more defined direction. There’s a vision . . . and leadership and commitment.”

Awards & Recognitions

Faculty awards and recognitions are an indication of the caliber of the College of Nursing’s faculty and its programs. The following awards and recognitions give a sense of the types of awards our faculty have received lately.

Nursing Faculty Members Receive the President’s Medal for Social Embeddedness

A nursing team in the College of Nursing was awarded the President’s Medal for Social Embeddedness for its partnership with Central Arizona Shelter Services (CASS) to provide health care to homeless men and women in downtown Phoenix.

The President’s award recognizes ASU employees who have worked as departmental, inter-departmental, or trans-disciplinary teams that have demonstrated excellence in embedding ASU in the social and cultural fabric of the communities ASU serves. The award recognizes teams that have identified community needs and issues and have developed partnerships with the community to provide solutions.

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Nursing Students Embedded in Community

When Loren Loomis walked into the small medical clinic downtown, he expected a routine checkup, though he needed much more.

Homeless and struggling to beat a 34-year alcohol addiction, Loomis was carrying around heavier burdens than his diabetes. Loomis spent about 45 minutes with the student nurse, who was part clinician, part good listener and part shoulder to cry on.

The clinic is tucked inside a men’s homeless shelter and is staffed by nursing students from Arizona State University. It’s the kind of partnership being pushed by ASU President Michael Crow, who sees this kind of “social embeddedness” as critical for both the university and community.

Clients at the shelter, run by the nonprofit Central Arizona Shelter Services, get much-needed medical services and one-on-one attention. Students get hands-on training with patients and exposure to a growing social issue.

Loomis, who became a regular at the clinic, recalls a faculty associate telling nurse and patient to take their time, adding, “It’s going to be good for both of you.”

And, hopeful advocates say, good for society.

“They come down here, and I feel like every semester I’m graduating 20 or 30 advocates into the community,” said Mark Holleran, CASS chief executive officer.

In March, ASU awarded four partnerships, including the clinic, with a new President’s Medal for Social Embeddedness. Such projects are meant to weave ASU into the social and cultural fabric of the community to help solve problems like homelessness.

Two of the projects honored are aimed at getting young students interested in going to a college or university; one targets Valley middle school kids and another focuses on Latino students in eighth and ninth grades and their parents.

A third project brings together ASU’s dance department and Valley schoolchildren for workshops and performances. Some students are already trained in dance and are expanding their skills. Others, like children at a homeless school, are getting their first exposure to the art form.

Awards & Recognitions

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Most people stay clear. But these nurses come, and they immerse themselves.

Mark Holleran, chief executive officer of Central Arizona Shelter Services

Nursing Academy Names Malloch, Mattson as Fellows

Nursing professors Susan Mattson and Kathy Malloch were recently selected for fellowship in the American Academy of Nursing (AAN).

Since its establishment in 1973, there have been 1,500 inductions into the Academy, with 63 new Fellows being inducted this year.

The AAN comprises 1,500 qualified and savvy nurse leaders who are at the top of their profession, having accomplished extraordinary milestones in their nursing careers. AAN members have been identified by their peers to be the best and brightest in their nursing discipline.

The new Fellows were formally inducted into the American Academy of Nursing during the AAN’s 31st annual meeting and conference this past November in Washington, D.C.

Students Run Clinics

At CASS, ASU students run clinics for men and women. Patients come with myriad medical concerns, particularly diabetes, plus a host of personal issues. They also may need basic information about things such as personal safety, good nutrition or breast exams. Many need to learn proper foot care because of problems from diabetes or athletes foot.

So as students take blood pressure readings or hand out foot powder, they may also listen to tales of a patient’s employment woes and family struggles or dispense advice on applying for government-funded programs.

“There’s so much attention to their needs,” Holleran said. “Most people stay clear. But these nurses come, and they immerse themselves.”

Nursing students rotate through the clinics each school semester, under the direction of faculty associates and nurses Kay Jarrell and Judy Lersch. So far, about 200 students have worked there.

For Adrienne Abajian, 22, and Abigail Gerken, 26, it has been a life-changing experience. Both students have a better understanding about people who are homeless.

“I’ve come to focus on the similarities between us rather than the differences,” Abajian said.

The students have sharpened skills and gained confidence. They have learned the power of something simple like a handshake and pat on the shoulder or taking time to talk.

“The Number One thing I did here was have a conversation,” Gerken said.

Abajian agrees, saying, “This is what I went into nursing for, to care for people not just give injections.”

March of Dimes Awards
Jarrell with the “Arizona Legend of Nursing Award”

Kay Jarrell was awarded the Legend of Nursing award at the March of Dimes Nurses of the Year Awards Gala, held in November at JW Marriott Desert Ridge Resort & Spa in Phoenix. The award recognizes a registered nurse who has made a career/lifetime contribution to the nursing profession.

Jarrell gained attention several years ago, when The Arizona Republic followed her through camp sites on the Salt River bed, where she gave medical attention to homeless adults and children.

Today, Jarrell is a nursing professor at ASU – and operates a nursing clinic she established for the homeless at Central Arizona Shelter Services. The clinic is staffed by ASU nursing students, who gain a unique learning experience while clients receive much-needed medical services and one-on-one attention.

Jarrell has dedicated her life to providing medical services to an increasing homeless population – and by addressing the need for registered nurses in Arizona. In addition to scholarship funds for Arizona nursing colleges, proceeds raised benefit the March of Dimes mission of preventing birth defects and infant mortality through research, education, community services and advocacy.

For more information about the March of Dimes Arizona Chapter, call 602-266-9933 or log on to www.marchofdimes.com/arizona.
Dr. Denise Link was elected to the Professional Issues Steering Committee Practice position for the Arizona Nurses Association.

Dr. Susan Mattson served as a mentor for Sigma Theta Tau International’s Chiron Mentoring Program to develop nurse leaders. The program pairs nurses in early and mid-career with nursing leaders who provide guidance, support and networking for individual projects that strengthen the leadership skills of the mentees.

Dr. Susan Mattson was inducted into the Western Academy of Nurses. The Western Institute of Nursing (WIN) established the Western Academy of Nurses to recognize and honor nurses who have demonstrated excellence in nursing practice and have advanced practice in direct care, education or research.

Dr. Bernadette Melnyk was awarded the Jessie M. Scott Award by the American Nurses Association for demonstration of the interdependent relationships among nursing education, practice and research.

Gail Petersen, representing Breaking the Cycle, was featured on the cover and as the main story of the April 2004 “NEWS-Line for Nurses.”

Gail Petersen was accepted into the Harvard School of Public Health’s Summer Institute and spent the month of July in Boston. The very fast-paced and intense course work included epidemiology; biostatistics; statistical analysis; society, human development, and health; economics; environmental health; and health care management—all taught by Harvard faculty.

Dr. Nelma Shearer was elected director of the Society of Rogerian Scholars for the 2003-05 term.

Dr. Nelma Shearer was awarded the Pamela A. Kidd Faculty of the Year Award by the Graduate Nurses Organization.

Dr. Sheila Tan joined ASU’s Southwest Interdisciplinary Research Consortium as an investigator. She is working on the American Indian Youth Pilot project, a National Institute of Health/National Institute on Drug Abuse funded study that is examining the drug use and drug resistance strategies of Southwestern American Indian youth from an ecological perspective.

Ken Wysocki joined the editorial board of the Health Monitor, an ongoing information program that consists of a series of newsletters and a web site devoted to various therapeutic areas. Visit Health Monitor at http://www.healthmonitor.com.

The College of Nursing is pleased to announce 10 new faculty members who started Fall 2004:

Susan Benesh, clinical assistant professor, received her master’s degree from Arizona State University. She was a faculty associate in the College of Nursing.

Dr. Angela Chia-Chen Chen, assistant professor, received her doctorate from the University of Washington, where she served as a data manager/analyst in the Human Services and Policy Center.

Dr. Cheryl Cooke, assistant professor, received her doctorate from the University of Washington, where she served as a faculty member there as well.

Dr. Susanne Cook, assistant professor, received her doctorate from the University of Arizona. Prior to coming to ASU, she was a project coordinator at Phoenix Children’s Hospital.

Dr. Bronwynne Evans, associate professor, received her doctorate from the University of Washington. She was a faculty member at Washington State University Intercollegiate College of Nursing.

Kay Jarrell, clinical assistant professor, received her master’s degree from Arizona State University. She was a faculty associate in the College of Nursing.

Judy Lersch, clinical assistant professor, received her master’s degree from Arizona State University and is working on her doctorate at the University of Arizona. She was a faculty associate in the College of Nursing.

Dr. Dana Rosdahl, assistant professor, received her doctorate from the University of Arizona. Dr. Rosdahl was an instructor in the College of Nursing.

Dr. Leigh Small, assistant professor, received her doctorate from the University of Rochester, where she served as a faculty member.

Donna Velasquez, clinical associate professor, received her master’s degree from Arizona State University and is working on her doctorate at the University of Arizona. She has been a family nurse practitioner for more than 15 years (not pictured)
Southwest Borderlands Initiative Brings New Talent to Nursing

Dr. Carol Baldwin, associate professor, joined the college as part of ASU’s Southwest Borderlands Initiative.

ASU announced the initiative in 2001 as a long-term faculty appointment plan with two primary objectives: strengthening existing ASU scholarly and instructional resources on the Southwest with emphasis on the region along the United States-Mexico border, and enhancing institutional recruitment and retention efforts toward building a faculty fully reflective of the Southwest Borderland’s diversity.

Baldwin has extensive experience working with various ethnic and underserved populations. She received her doctorate from the University of Arizona, where she was a research associate professor of Medicine, with joint appointments in Psychology and the College of Public Health.

To learn more about ASU’s Southwest Borderlands Initiative, visit the web site at http://www.asu.edu/provost/swb/

Retiring College of Nursing faculty were honored at a reception on May 6 at the University Club on campus. After long and distinguished careers at the college, all have been awarded the status of Professor Emeritus.

They include:
- Colene Sehested, assistant professor
- Frances Thurber, professor
- Patsy Perry, professor
- Penny Johnson, clinical assistant professor

in memoriam

Dr. Mary Richards, professor emeritus, passed away April 1, 2004 of kidney failure in Redlands, Calif. Richards taught adult health and medical surgical nursing until her retirement in 1995. She was 79.

Dr. Janet Scoggin, professor emeritus, died suddenly of a heart attack on Oct. 25, 2004 in Tempe. She was 66. Scoggin taught women’s health in the graduate program and was director of the women’s health nurse practitioner program. A certified midwife, Scoggin delivered more than 500 babies and cared for their mothers. She published the book, “Practice Guidelines for Obstetrics & Gynecology.”

Dr. Carol Baldwin, PhD, RN, CHTR, HNC

Baldwin, C. M., Bell, I. R., Guerra, S., Quan, S. F. (2004). Associations between chemical odor intolerance and sleep disturbances in community-living adults. Sleep Medicine, 5, 54-59.


Barbara Brillhart, PhD, RN


Evelyn Cesariotti, PhD, FNP, GNP


Shannon Dirksen, RN, PhD


Nancy Moore, PhD

Nelma Shearer, PhD, RN


Susan Stillwell, RN, MSN

Sheila Tann, RN, ND

Lori Weaver, MS

Charlotte Armbruster
Tempe Community Primary Health Care Project
Tempe Community Action Agency, $521,717.

Evelyn Cesartotti, Samuel DiGangi, Angel Jannasch
Graduate Distance Education for Public Health Nurses. Public Health Service/Health Resources and Services Administration, $315,336.

Shannon Dirksen

Barbara Durand

Jean Craig Stengel
Scholarships for Disadvantaged Students. Health Resources and Services Administration/Bureau of Health Professionals/Division of Health Careers, $299,526.

Sheila Tann
Cultural Validity of the BRFFS in American Indian Communities. ASU Grants Program, $21,475.

Frances Thurber
Tempe Community Council/Communities in School Health and Wellness Project. Intergovernmental Agreement, $135,463.

Beverly Warne
ASU Summer Youth Program. WASSAJA, $10,000.

Beverly Warne
ASU Cultural and Spiritual Activities. WASSAJA, $940.

Beverly Warne
American Indian Students United for Nursing (ASUN). Department of Health and Human Services/Public Health Service/Indian Health Service, $100,000.
Innovative Programs Assist Nursing Students

Nursing Offers a Living & Learning Community

College is often a difficult transition for freshman students struggling to adjust to more homework and an independent lifestyle. At ASU, students can live in a community with students who share their academic interests. Students live together, study together, and interact with faculty and academic advisors.

The College of Nursing Living and Learning Center in Manzanita Hall is designed for pre-nursing freshmen who plan on pursuing careers in nursing. This program allows up to 60 freshmen, pre-nursing students to live on the same floor in a residence hall.

Since these students share the goal of entering the professional nursing program, the hope is that living and learning together will facilitate success in their first year of college.

While this program has existed for other university majors, the College of Nursing completed its first-time participation this past academic year. The program was so successful that requests to participate doubled for the current academic year.

Lighting The Lamp: An Affirmation

The Lighting the Lamp ceremony was established in January 2000 as a means to formally recognize student entry into the professional nursing program at the College of Nursing. This ceremony was designed to welcome students to their chosen profession, involve family members, and impress upon all in attendance the significance of the commitment each student is making.

The ceremony, held at the beginning of each semester, includes nursing students admitted to the Tempe campus, West campus, East campus, and the RN-BSN program for that semester.

In addition to hearing a charge from the Dean to aspire to excellence in their academic and practice activities, students also hear a story, intended to share a meaningful experience, from a recent nursing graduate.

Students receive a pin specific to the ceremony that pictures a lamp, which is representative of the lamp carried by Florence Nightingale. This lamp also reflects the trust placed in nursing by society. Students continue to wear the pin as part of their nursing student uniform whenever they go into the clinical areas.

After students receive their pins, they recite a pledge adapted from the Nightingale pledge spoken so many years ago. At the time of the recitation, the Associate Dean invites all nurses in the audience — faulty and others — to join in the recitation of the pledge.

This ceremony, with all of its constituent parts, is designed to mark the inclusion of students in the greater collective of professional nursing.
Academic Nursing Centers Help Those In Need

The ASU College of Nursing has been a national leader in establishing primary health care centers directed and staffed by advanced practice nurses. Community Health Services Clinic in Scottsdale, opened more than 25 years ago by the College, still is recognized as one of the best nurse-managed centers in the country. Today, the College manages a total of four non-profit Academic Nursing Centers, which provide excellent health services to underserved populations and essential clinical training for ASU nursing students.

These nursing centers help to address two of Arizona’s critical health care issues:

- Providing access to primary health services for the one-quarter of Arizonans who lack medical insurance.
- Relieving a nursing shortage that is expected to intensify as demographic pressures influence both supply and demand.

Last year, ASU’s Academic Nursing Centers served more than 10,000 patients in metropolitan Phoenix — the majority of whom were uninsured or underinsured. At the same time, the centers provided more than 600 days of clinical education for undergraduate and graduate nursing students. This clinical training is critical. Approximately 500 hours of clinical experience is required for an undergraduate nursing degree and clinical placements in private health care institutions are at a premium. Supported largely by grants, community partnerships, contracts and private gifts, the centers operate on a shoestring budget. There is a great need to increase funding to maintain and expand the services of the centers. The ASU Foundation’s Women and Philanthropy Program responded to this need with a gift of $40,000 from its pooled fund of annual member contributions.

The gift is providing a half-day each week of nurse practitioner services in each Academic Nursing Center.

Women and Philanthropy’s investment will make it possible for thousands of people in our community to receive basic health care services this year. It will also make it possible for Arizona’s future nurses to obtain high quality clinical training and mentoring from nurses who have assumed a leadership role in health care.

College of Nursing’s Academic Nursing Centers:

Breaking the Cycle Community Health Care, Downtown Phoenix
Family planning services and related health care as a Title X delegate agency.

Community Health Services, Scottsdale
Family health services for the general public, outreach services to businesses, schools and community groups, on-site health care to women and children in the Sojourner Center.

Escalante Health Center, Tempe
Primary care and health promotion for the elderly, low-income children and their families.

Westside Community Health Center, West Tempe
Physical exams, immunizations, and treatment of minor illnesses for uninsured school-age children and their families.

How Can You Help?

Adequate funding is the centers’ most critical need — and support from health care officials, policy makers, donor agencies, the news media, religious and community leaders is critical to the sustainability of the clinics.

Please consider a gift to provide support for our Academic Nursing Centers. Your gift will help to:

- Reduce health disparities in our community by ensuring access to high-quality care to the uninsured and underinsured.
- Conserve taxpayer dollars by preventing overuse of emergency rooms by the population we serve.
- Provide stellar education experiences for nursing students. Prevention improves lives, saves lives, and lowers taxpayer dollars. For more information, please contact the ASU Foundation at (480) 965-2475.
Join the College of Nursing Alumni Chapter

You’re invited to become a member of an exclusive group: an association dedicated to the support and enjoyment of ASU College of Nursing alumni. As a member, you will have the opportunity to meet and share ideas with other nursing professionals, and to enhance nursing education.

Application to the College of Nursing Alumni Association is handled through the ASU Alumni Association. By becoming a member of the ASU Alumni Association, you are then a member of the College of Nursing Chapter.

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1962: Margaret Jo (Williams) Lott works as an obstetric/gynecological nurse practitioner for Magee Women’s Hospital in Pittsburgh, Pa. She earned a master’s degree in nursing from the University of Texas at Arlington in 1991.

1974: Diane Ryles (MS) lives in San Ramon, Calif. Send email to caseynrd@comcast.net.

1974: Edwina “Eddie” (Petras) Trayler works at the Arizona Heart Institute in Phoenix and manages the Vein Center for treatment of symptomatic and cosmetic varicose veins. She lives with her family in Scottsdale. Send email to etrayler@azheart.com.

1976: Virginia (Ginger Terry) Knight gained 22 years of clinical and management experience in the end-stage renal disease program at Banner Good Samaritan Medical Center in Phoenix. She has spent the past five years as a clinical care manager for the City of Hope Samaritan Bone Marrow Transplant program. Her two case management colleagues, September Mitchell and Robin Gach, also graduated from the ASU College of Nursing (respective profiles listed under 1981 and 1991). Send email to ginger.knight@bannerhealth.com.

1977: Nancy A. Dickson lives in Douglas, Ariz., and has been a certified registered nurse anesthetist since 1985. She works in small rural hospitals and assists her husband with his field of research.

1977: Cathy (Indorf) Tuttle became one of the first flight nurses for AirEvac, Arizona’s first emergency flight program, in 1980, and was a charter member of the American Flight Nurses’ Association. She is a head nurse for an outpatient medical imaging center in Boise, Idaho, where she resides with her husband of more than 21 years and their two children: Adam, 19, a sophomore at Rice University, and Emily, 17, a junior in high school. Tuttle volunteered in Honduras last March as part of a medical relief team for underprivileged populations. The team’s main focus was cleft lip and palate repairs. Children of Honduras are not allowed to attend school unless the problem has been corrected. Send email to ctuttle55@cableone.net.
alumni activities & achievements

1979: Margaret Fredenberg-Dean graduated from the ASU College of Law and practices as a civil trial lawyer in Phoenix with emphasis on medical malpractice defense. Send email to mdean6@cox.net.

1979: Helen Hollowell lives in Phoenix. LeAnn B. (Ong) Thorpe is a maternal flight nurse at Airevac Services in Phoenix.

1979: Roy Lopez retired from the U.S. Public Health Service in 2003 and began a second career as director of nursing at the University of Texas Medical Branch/Correctional Managed Care Program in Galveston, Texas. Send email to rolopez48@sbglobal.net.

1980: James R. Sexton works as a nurse practitioner for the Department of Veterans Affairs. Send email to jrsjas@cox.net.

1981 September (Allard) Mitchell works at Banner Good Samaritan Medical Center in Phoenix as a transplant case manager/coordinator for the City of Hope Samaritan Bone Marrow Transplant Program, a role she developed in 1997. Mitchell is an oncology certified nurse. Send email to jmitchell@bannerhealth.com.

1981 Lola Marie (Warren) Prince is a doctoral candidate at Loyola University-Niehoff School of Nursing in Chicago, Ill. She is a nurse practitioner and holds a master’s degree in nursing from DePaul University in Chicago. Send email to lprince@depaul.edu.

1981 Lola Prince, in a recent photo published in the Chicago Sun-Times at DePaul University teaching a nursing student about performing physical assessment techniques.

1982: Cheryl Ann (Prince Roberts) Roberts is a certified psychiatry/mental health nurse in Psychiatry/Mental Health, as an addictions registered nurse and as a professional in utilization review.

1982: Lucien Morin (MS, 2002) has lived in Morro Bay, Calif., for 19 years with his wife, Elizabeth, and their two children, ages 15 and 19. He is a psychiatric nurse practitioner, working with the criminally insane and teaching psychiatric nursing. Morin would like to hear from his classmates. Send email to emorin2@ixs.net.

1982: Sultanna Kontsiotis is a certified diabetes educator at the University of California Davis Medical Center. She works in the department of pediatric endocrinology and case manages about 300 children with diabetes. Kontsiotis is a certified insulin pump trainer, training people with diabetes who are just starting insulin pump therapy. She lives in the foothills of the Sierra Nevada mountains with her husband and two-year-old daughter. Send email to sultanna@sbglobal.net.

1983: Mary Beausoleil lives on the New Brunswick Canadian border of St. Stephen next to Calais, Maine. For the past 20 years, she has been practicing nursing at Calais Regional Hospital. In 1990, Beausoleil and a team of nurses developed and implemented clinical programs for foot care through the Victoria Order of Nurses. She provided foot care service to diabetics and peripheral vascular disease clients for 10 years.

1983: Josephine Spataro is a maternal flight nurse at Airevac Services in Phoenix.

1983: Nancy Feltner worked in the Health Education Center at Bess Kaiser Urgent Care Unit for several years after graduation. In 1998, she established a triage nurse department in outpatient pediatrics at the Pediatric Associates of the Northwest, and in 1999, she developed and managed a statewide pediatric telephone triage center at Legacy Emanuel Children’s Hospital. Feltner was nominated for the Legacy Nursing Excellence Award and honored with the Rotary Civic Service Award and the Girl Scout Service Award. Send email to nanciefeltner@msn.com.

1984: Sandra (Stein) Bates lives in Phoenix. Send email to zoomomof6@cox.net.

1984: Sandra (Chinn) Douglas worked in intensive care for many years and achieved CCRN certification status in 1990. In 1997, she earned a master’s degree in business administration from the University of Phoenix. She worked in managed care and taught at the University of Phoenix until getting married for the second time, in 2002, to her husband, David. She now stays at home with their five children, ages 7 to 15. Douglas is a member of Mayo Clinic Scottsdale Socios, a group which, among other activities, does community outreach. Send email to sandra-d@cox.net.

1985: Robin Gach is a clinical case manager for the City of Hope Samaritan Bone Marrow Transplant Program located at Banner Good Samaritan Medical Center in Phoenix and is a certified hematopoietic transplant coordinator. Send email to robin.gach@bannerhealth.com.

1990: Sultanna Kontsiotis is a certified diabetes educator at the University of California Davis Medical Center. She works in the department of pediatric endocrinology and case manages about 300 children with diabetes. Kontsiotis is a certified insulin pump trainer, training people with diabetes who are just starting insulin pump therapy. She lives in the foothills of the Sierra Nevada mountains with her husband and two-year-old daughter. Send email to sultanna@sbglobal.net.

1991: Robin Gach is a clinical case manager for the City of Hope Samaritan Bone Marrow Transplant Program located at Banner Good Samaritan Medical Center in Phoenix and is a certified hematopoietic transplant coordinator. Send email to robin.gach@bannerhealth.com.

1995: Kristen Kuhmann is medical director of the Presbyterian Medical Services/Deming Health Center, a primary health care center serving the community of Deming and Northern Luna County in Texas.

2001: Nicole Shephard lives in Scottsdale. Send email to nicoleoshephard@cox.net.

2003: Tiffany (Gammon) Power was married in June 2003 and works as a labor and delivery nurse at Banner Desert Medical Center.

2003: Margaret A. Hamilton lives in Chandler and serves on a legislative committee for the Arizona Nurses Association. Send email to mag_hamilton@hotmail.com.
Please complete the following form or fill out an online form at http://nursing.asu.edu/alumni/whereareyou.htm.

Mail the completed form to:  
ASU Nursing News  
College of Nursing  
PO Box 872602  
Tempe, AZ  85287-2602

Fax the form to:  
ASU Nursing News Editor  
(480) 965-6488

Name: __________________________  
Name while at ASU (if different) _______________

Degree __________________________  
Year of Graduation ______________________

Address: ______________________________________________________________________________

City __________________________  
State __________  
Zip __________________________

Phone __________________________  
Email Address __________________________

Please include additional information, including unique experiences and personal and professional accomplishments. Attach a photograph if desired.

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

Yes, I want to join the ASU Alumni Association:

Annual Membership

- Individual $45  
- Couple $60  
- Recent Graduate (within 2 years) $25

Life Membership

- Individual $500  
- Couple $650  
- Recent Graduate (within 2 years) $300

Installment Life (5 annual payments)

- Individual $110/year  
- Couple $140/year  
- Recent Graduate (3 annual payments) $120

Checks should be made payable to the ASU Alumni Association, a separate nonprofit organization that exists to support ASU.

Yes, I want to support the College of Nursing. Here’s my gift of

- $50  
- $100  
- $250  
- $500  
- $1000  
- Other $__________

Gift checks should be made payable to the ASU Foundation. Gifts to ASU may be considered a charitable contribution and are tax deductible to the extent permitted by applicable law.

Payment Method

I wish to pay by:

- Check enclosed  
- MasterCard  
- Visa  
- Discover  
- AmEx

Name as it appears on credit card:

Card number __________________________  
Expiration date: __________________________

Signature (required): __________________________
Over 3,000 nursing and health-care related artifacts:

- Old uniforms (1801 - current)
- Antique apothecary (1700's - present)
- Patient care equipment
- Nursing textbooks from the early 20th century
- First edition of Nightingale’s Notes on Nursing
- First edition of Barton’s History of the American Red Cross
- First edition of Lillian Wald’s House on Henry Street

The American Museum of Nursing is part of the Arizona State University College of Nursing extended campus and also features pictures, uniforms and equipment from the College’s 46-year history. In addition, the museum includes three old surgery suites and has a research library, rare documents room and an archive.

The museum is located in the old Tuberculosis Hospital on the corner of Curry Road and Mill Avenue in Tempe. Parking is free at the extended campus site (Community Services Building) and is handicapped-accessible. Admission is only $2.

FOR HOURS AND INFORMATION, PLEASE CALL: (480) 965-2195